

Digital Media Checklist	Criteria	☐	Comments
Evaluator Info	Evaluator's Name: Phoenix Broom	✓	
	Date of Evaluation: 08/24/2025	✓	
	Resource URL: https://umuc365-my.sharepoint.com/:w:/r/personal/pbroom_student_umgc_edu/_layouts/15/Doc.aspx?sourcedoc=%7BF340B6A1-5321-449F-BE68-5D7395B98F6E%7D&file=Fitness_Goal_Setting_Exercise_with_Worksheet.docx&action=default&mobileredirect=true&ct=1756072912363&wdOrigin=OFFICECOM-WEB.MAIN.UPLOAD&cid=267cdd4e-100f-4fc6-af8e-fa39f4365e54&wdPreviousSessionSrc=HarmonyWeb&wdPreviousSession=a2a98ac2-9638-4745-879c-d45e0a3e327b	✓	
Licensing	License type: ☐ Copyright ☒ Creative Commons ☐ Other	✓	
	License valid? ☒ Yes ☐ No	✓	
	License permits educational use	✓	
	License allows modification/adaptation	✓	
Accessibility / ADA	Transcript/subtitles for audio	✓	
	Closed captions/subtitles for video	N/A	No Video
	Alt tags/long descriptions for graphics	☐	Lacks full alt tags
	Screen reader compatible	✓	
	Keyboard navigable	✓	
	Meets color contrast standards	✓	
Audience	Intended audience identified	✓	
	Appropriate for your learners	✓	
Relevance / Alignment	Aligns 100% with course/module objectives	✓	
	Connects to student learning outcomes	✓	
	Avoids cognitive overload	✓	
Breadth & Accuracy	Information is accurate	✓	

	Clear, logical coverage of material	✓	
	Explores content thoroughly & evenly	✓	
	Shows multiple perspectives	✓	
	Discusses controversies appropriately	✓	
	Includes relevant theories	✓	
Student Access	Available on first day of class	✓	
	Available in: ☒ Text ☒ Audio ☐ Video ☒ Interactive ☐ Other _____	✓	
Interactivity & Engagement	Promotes active learning/collaboration	✓	
	Provides opportunities to test learning	✓	Knowledge check
	Includes diverse instructional approaches	✓	
	Includes multiple modalities (graphics, tables, etc.)	✓	
	Provides additional faculty resources	✓	Has audio description
	Includes engaging assessments	✓	
Summary of Evaluation	The worksheet and audio are accurate, clear, and align with course objectives. Content is relevant and avoids overload. Best used as a supplemental resource alongside additional activities or assessments.		